

Pediatric Mental Health Care Access: Partnership Access Line for Alaska



PAL-PAK

Partnership Access Line-Pediatric AK



ALL ALASKA
PEDIATRIC
PARTNERSHIP



Help Me Grow
Alaska



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

Importance of Primary Care

- ~20% of all child Primary Care Clinician (PCC) appointments are for a behavioral health chief complaint
- Not enough specialists

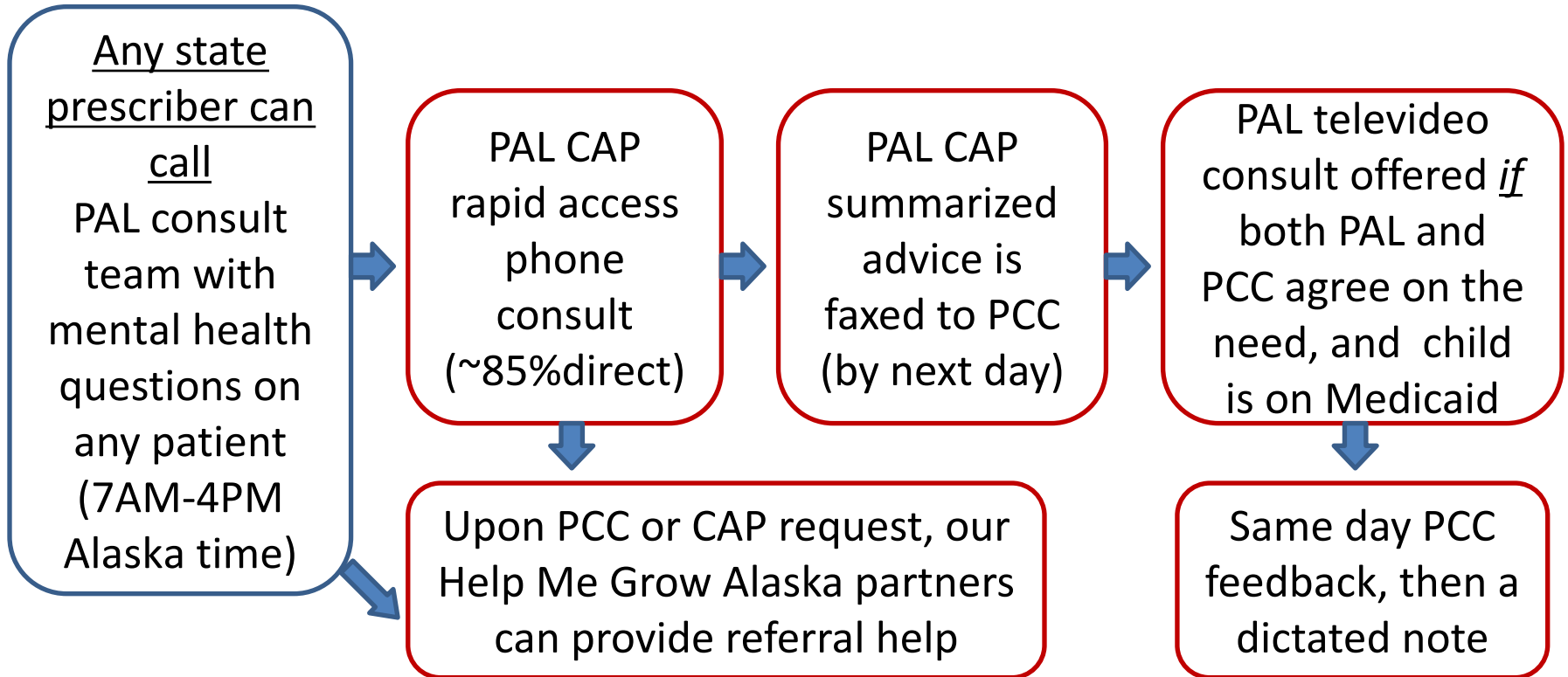
Do PCC's *want* to do child MH care?

- Everyone wants to help the child in front of them, but...
- Current state policy lacks incentives for integration of MH into PCC practices

Partnership Access Line

- Created in 2008 for Washington State
 - Every PCC gets hotline like access to child psychiatrists (during business hours)
- In 2011 started service for Wyoming
- Now with HRSA and DBHR support, will offer service to Alaska too
 - Will call this Partnership Access Line: Pediatric Psychiatry for Alaska (or PAL-PAK for short)

PAL-PAK



PAL=Partnership Access Line
CAP=child & adolescent psychiatrist

The Main Idea: To Leverage Expertise

- Specialists help PCCs care for common scenarios and psychiatrists get involved with the more complicated cases



More on How This Will Work

- The PAL-PAK team will not prescribe
 - Focus on the consult/support role
- Providers can contact PAL-PAK psychiatrists as often as they would like
- No formal “enrollment” to become a provider who can use PAL-PAK
- Anyone in the prescriber role could initiate these consult calls
- Anticipate this will all start by mid- April

Value in Telephone Consultations

- “Just in time” assistance when PCC wants it
- Help providers learn new care strategies by working with their own patients
- Reach a large audience without tech barriers
- Match intervention to level of PCC engagement



Getting started

- Will publicize the call in number once ready to deliver services
- CME Event planned for May 4
- Will distribute copies of the PAL care guide