

Agenda at a Glance

April 1-5, 2019
Dena'ina Center Anchorage

Child, Adolescent, and Family Conference				
Infant and Early Childhood Mental Health Institute				
Monday, April 1 st	Tuesday, April 2 nd	Wednesday, April 3 rd	Thursday, April 4 th	Friday, April 5 th
7:30-8:30 Registration/Breakfast	7:30-8:30 Registration/Breakfast	7:30-8:30 Registration/Breakfast	7:30-8:30 Registration/Breakfast	7:30-8:30 Registration/Breakfast
8:30-9:45 CONFERENCE WELCOME & OPENING- General Session <i>Adam Crum, Commissioner, Alaska Department of Health & Social Services</i> <ul style="list-style-type: none"> ● From Zero to Thrive! Promoting Relational Health in the Early Years <i>Katherine Rosenblum, Ph.D.</i> 9:45-12:00 <ul style="list-style-type: none"> ● Special Considerations of Childhood Trauma for American Indian & Alaska Native Children, <i>Dolores Subia BigFoot, Ph.D.</i> ● SPEED DATING: What's New in Alaska? 	8:30-12:00 10:00-10:30 BREAK <ul style="list-style-type: none"> ● Promoting Resilience in Families with Very Young Children Facing Adversity: Lessons and Strategies from the Strong Roots Curricula (FULL DAY SESSION) <i>Katherine Rosenblum, Ph.D.</i> ● Supporting the Medically Fragile Infant and Their Family: Emotional, Psychological and Developmental Concerns Resulting from Early Hospitalization (FULL DAY SESSION), <i>Joy V. Browne, Ph.D., PCNS, IMH-E (IV)</i> ● Secondary Traumatic Stress: Recognizing the Signs and Doing Something About Them, <i>Erin Kinavey Wennerstrom, M.Ed., IMH-E®, Sondra Stegenga MS, OTR/L, M.Ed., Anders K. Wennerstrom, MBA, Margi Clifford, LPC</i> 	8:30-10:00 GENERAL SESSION: State Update- 1115 Waiver progress, Pediatric MH Access Program, SB 169, AMHTA, etc. 10:30-12:00 <ul style="list-style-type: none"> ● Evidenced Based Practices in Indian Country, <i>Dolores Subia BigFoot, Ph.D.</i> ● Reflective Supervision: A Guide from Region X to Enhance Reflective Practice Among Home Visiting Programs, <i>Jeanine Jeffers-Wolfe LMFT, IMH-E® (Level III)</i> ● Neurodevelopmental Disorders, <i>Svi Fasci, M.D.,</i> ● Opportunities in Prenatal Care to Optimize Outcomes for Women with Opioid Use Disorder, <i>Alyssa Stephenson-Famy, MD,</i> 	8:30-10:00 <ul style="list-style-type: none"> ● Parent Panel: Partnering with Complex Families for Better Outcomes, <i>AYFN</i> 10:30-12:00 <ul style="list-style-type: none"> ● OCS Parents as Partners, <i>AYFN</i> ● Motivational Interviewing, <i>Genevieve Casey, MSW,</i> (Two session workshop continued at 3:30) ● Challenging Behaviors Part I: Introduction to the Process of Assessing and Addressing Challenging Behavior, <i>Phil Tafs, MSW & Summer LeFebvre, LCSW,</i> (Two session workshop continued at 3:30) 	8:30-10:00 <ul style="list-style-type: none"> ● Engaging Families with Youth in SUD Treatment, <i>Paul Hunziker, M.A., LMFT, CDP</i> (FULL DAY SESSION) ● Home, School and Community Panel 10:30-12:00 <ul style="list-style-type: none"> ● Collaborative Ethics, <i>David Moxley, Ph.D., DPA</i> ● TIP-Integrated Documentation, <i>Adele Aparicio, MA, Coral Huntsman, MA</i> ● Engaging Families with Youth in SUD treatment (Continuation)
12:30 - 1:30 - Hosted Luncheon <i>AK-AIMH Annual Meeting</i>	12:00 - 1:30 - Lunch Break	12:00 - 1:30 - Lunch Break	12:00 - 1:30 - Lunch Break	12:00 - 1:30 - Lunch Break

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<p>1:30-5:00 BREAKOUT SESSIONS: 3:00-3:30 BREAK</p> <ul style="list-style-type: none"> ● Screening and Intervening to Support New Mothers: Addressing Perinatal Depression and Anxiety in the Perinatal Period <i>Katherine Rosenblum, Ph.D.</i> ● Honoring Children, Making Relatives: American Indian and Alaskan Native Philosophies of Child Rearing, <i>Dolores Subia BigFoot, Ph.D.</i> ● Strategies to Engage Millennial Parents and Identify Relationship Based Parent Engagement, <i>Vanessa Plourde-Smith, BSW</i> ● Creating Relationship-Based Classrooms, <i>Heidi Johnson, MS, CCC-SLP</i> 	<p>1:30-5:00 BREAKOUT SESSIONS: 3:00-3:30 BREAK</p> <ul style="list-style-type: none"> ● Promoting Resilience in Families with Very Young Children Facing Adversity: Lessons and Strategies from the Strong Roots Curricula (Continuation) ● Supporting the Medically Fragile Infant and Their Family (Continuation) ● Mental Health Consultation: A Pathway for Building and Supporting the Infant and Early Childhood Mental Health System of Care in Alaska, <i>Mary Dallas Allen, Ph.D, MSW & Shawna Ragan, LCSW</i> 	<p>1:30-3:00</p> <ul style="list-style-type: none"> ● Honoring Children, Mending the Circle, <i>Dolores Subia BigFoot, Ph.D.</i> ● Role of Parent and Peer Support, <i>Paul Cornils</i> ● Promoting Strengthening Families- Anyone Can Do It!, <i>Tammy Sandoval, MSW</i> (Full afternoon) workshop) ● Comprehensive Treatment for Mothers with SUD and Infants: Research to Practice Ideas to Improve Outcomes, <i>Hendree Jones, Ph.D</i> <p>3:00 - 3:30 BREAK</p> <p>3:30-5:00</p> <ul style="list-style-type: none"> ● The Ethics of Complexity in the Facilitation of Family & Child Support, <i>David Moxley, Ph.D., DPA</i> ● TIP-As My Life Gets Bigger, My Mental Illness Gets Smaller, <i>Elijah McCauley, MA, Adele Aparicio, MA, Coral Huntsman, MA</i> ● Promoting Strengthening Families- Anyone Can Do It! (Continuation) ● Panel Discussion: Supporting Infant & Maternal Health in the Context of Alaska’s Opioid Epidemic 	<p>1:30 - 3:00</p> <ul style="list-style-type: none"> ● Youth Peer Panel <i>Moderator: Amanda Metivier, Associate Director of the Office of Youth Empowerment</i> <p>3:00 - 3:30 BREAK</p> <p>3:30 - 5:00</p> <ul style="list-style-type: none"> ● TIP- Children of Trauma, <i>Adele Aparicio, MA, Coral Huntsman, MA</i> ● Motivational Interviewing (Continuation) ● Challenging Behaviors Part II: Beginning the Process of Teaching Staff or Caregivers the Skills Necessary to Manage Challenging Behaviors (Continuation) 	<p>1:30 - 3:00</p> <ul style="list-style-type: none"> ● TIP- Structured Sensory Intervention, <i>Elijah McCauley, MA, Adele Aparicio, MA</i> ● "What are Cultural Services?" The Cultural Resource for Alaska Families Guide for OCS, <i>Meda DeWitt</i> ● Engaging Families with Youth in SUD Treatment (Continuation) <p>3:00 - 3:30 BREAK</p> <p>3:30-5:00</p> <ul style="list-style-type: none"> ● TIP- Healing the Experience of Trauma, <i>Elijah McCauley, MA, Adele Aparicio, MA</i> ● SBIRT, <i>Genevieve Casey, MSW</i> ● Engaging Families with Youth in SUD Treatment (Continuation)